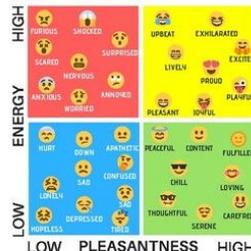


# This week's book: [Rosie's Walk](#)

Personal, social, emotional development:

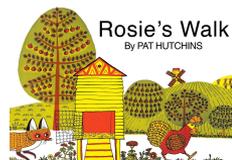
We are continuing to talk about emotions and looking at the story How we feel, [check on the blog for the video uploading soon](#). The children have been learning about to talk about their emotions using the mood meter. We will post more about this on the blog with ideas to help you discuss emotions together. It is really important for children to be able to recognise and talk about their emotions to help them develop good mental health.

## Mood Meter



Communication and language:

We are back to online learning this week. A great prompt to support your children to ask for clarification. Model asking people to repeat what they have said, say if they don't understand or let people know that they are on mute! Practice phrases like 'I can't hear you.' 'Can you say it again?' 'What do you mean?'



Physical development

Alongside the fine motor activities like buttons, zips, writing and drawing try to get active, especially outside. The full body muscles - called gross motor skills are very important not just for health but to help children hold themselves well for activities like writing later on. Take a ball or scooter to the park (lots of running around will keep you all warm). For indoor activities try a game like [pirate ship](#)

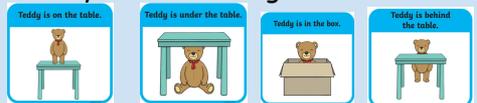


Reading and writing:

Our book is full of repeating phrases and noise words. We are looking at transport and people who help us all term. Look out of the window and see which vehicles you see. Can you make noises like them? Try drawing them and writing the noise that they make. Don't forget to look on the [Nursery blog](#) for games to help develop your listening for phonics.

Maths

We are focussing on words that tell you where things are like 'on' 'under' 'in' and 'behind'. Try hiding toys and using the words to find them.



Topic - Transport and People who help us

Look at books and the internet to learn about transport and people who help us. Learn some facts, create stories with what you have at home or build something together. Here is a video to get you started about how firefighters put out fires. The most important thing is that you child has the chance to try things out, not that they look beautiful!

