

# This week's book: Dig Dig Digging

Personal, social, emotional development:

We are continuing to talk about emotions and looking at the story How we feel. This is a great topic to discuss with your child. Simple starters like how do you know when I'm cross? Or what does your brother do when he is happy? Get discussions started. Try taking selfies showing faces in different emotions together and spotting characters in story books who are happy, sad, frustrated, excited etc.

Communication and language:

We are back to online learning this week. A great prompt to support your children to ask for clarification. Model asking people to repeat what they have said, say if they don't understand or let people know that they are on mute! Practice phrases like 'I can't hear you.' 'Can you say it again?' 'What do you mean?'

Physical development

We are working on independence skills at school. Help your child to learn to do their own coat, put on socks and shoes, feed themselves, wash their own face and teeth, brush their hair and wipe their own bottom when they have been to the toilet.

This term we are working on people who help us and transport. Try making a list of all the people who help or draw pictures of them. If you have any transport toys in the house you could work out how to make them move fast and slow.

Reading and writing:

Our book is full of repeating phrases and noise words. We are looking at transport and people who help us all term. Look out of the window and see which vehicles you see. Can you make noises like them? Try drawing them and writing the noise that they make. Don't forget to look on the [Nursery blog](#) for games to help develop your listening for phonics.

Maths

We have learnt all the numbers to 10. Look back on the blog to see the [number lessons](#). [Numberblocks are looking at 1 more and 1 less](#)

Keep playing with numbers, get your child to help you around the house, passing 5 spoons, adding 2 eggs etc. We will be sending home activities to try with you child around the home.

Topic - Transport and People who help us

Chat to your child about transport they like, what can you see out of the window? What do they like to travel in? Try drawing or making a car, truck, train etc out of the recycling boxes.

## FEELINGS CHART

		
SCARED	HAPPY	SAD
		
ANGRY	EXCITED	WORRIED
		
SURPRISED	SILLY	FRUSTRATED

